



Southern Cross
Health Society

BENEFIT SUMMARY

Wellbeing One and Wellbeing Two modules

Add-on modules for additional cover.

Tailor your cover by adding a module that includes cover for GP, vision and dental benefits, or a range of preventative and natural healthcare services. If you have **Wellbeing Two** you can also choose a module with a prescription allowance, or add cover for glasses and contact lenses.

Modules to add to Wellbeing One and Wellbeing Two

Keeping Well Module – GP, vision, dental and other benefits

Please note: The Keeping Well Module cannot be held with Day-to-day and Vision and Dental modules

HEALTHCARE SERVICE	MAXIMUM*
Flu vaccination	One vaccination per claims year
\$200 per claims year (combined total limit) for the following	
General Practitioner	
Nurse	
Optometrist	
Audiologist	
Dental	
Prescriptions	\$100 per claims year
Clinical psychologist	\$100 per claims year

Body Care Module – preventative, allied and natural healthcare services

HEALTHCARE SERVICE	MAXIMUM*
Dietitian or nutritionist	\$250 per claims year
Podiatrist	\$250 per claims year
\$500 per claims year (combined total limit) for the following:	
Acupuncturist	
Chiropractor or osteopath	
Homeopath or naturopath	
Remedial massage therapist	

Modules to add to Wellbeing Two only

Day-to-day Module – day-to-day medical care

Please note: Day-to-day and Keeping Well modules cannot be held together

HEALTHCARE SERVICE	MAXIMUM*
Annual health check	\$90 per claims year
Flu vaccination	One vaccination per claims year
General Practitioner	\$65 per consultation
Nurse	\$30 per consultation
Prescriptions	\$600 per claims year
Physiotherapist	\$300 per claims year

Vision and Dental Module – vision, dental and other benefits

Please note: Vision and Dental and Keeping Well modules cannot be held together

HEALTHCARE SERVICE	MAXIMUM*
Prescription glasses and contact lenses	75% of expenses incurred up to \$500 per claims year
Optometrist	\$50 per claims year
Orthoptist	\$200 per claims year
Dental	75% of expenses incurred up to \$750 per claims year
Audiologist and hearing tests	\$200 per claims year
Brain stem evoked response tests	\$210 per claims year

NEED MORE INFORMATION?

For more details on the benefits and maximums for these modules, and any exclusions or conditions that may apply, see the Wellbeing One and Wellbeing Two policy document at southerncross.co.nz/plans or call **0800 800 181**.

INTERESTED IN JOINING?

Call **0800 100 777**, or if your employer has a work scheme call **0800 438 268**

For a free quote, visit southerncross.co.nz/society/quote

Apply online at southerncross.co.nz/apply-now

ALREADY A MEMBER?

For member queries, please call **0800 800 181**

TERMS AND CONDITIONS

All dollar figures include GST.

Claims year - This is not a calendar year, but each successive 12 month period from your claims anniversary date. Claims fall into the period based on the date of treatment, not the date of the claim or receipt.

From time to time Southern Cross may change or update which healthcare services are eligible, the scope of cover and terms and conditions.

Effective date 3 July 2016

*See the chart in your policy document for how your refund will be calculated.